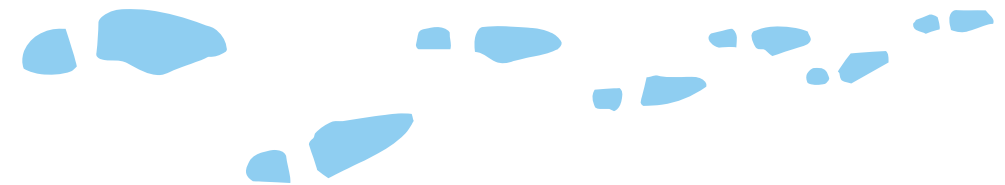




One Step at a Time



Do something for yourself today.

Take a walk.
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